## **TRAPUNTO** INSTRUCTIONS

**Trapunto** Embroidery is the technique of stuffing certain areas of an embroidered design to create a raised sculptural effect. In order to properly execute this technique, your embroidery design must be sewn on 2 pieces of fabric.

**1.** Turn embroidered block over and remove backing from any areas to be stuffed.



**TIP:** Cut very small slits as they will get a little bigger as you stuff.

**3.** Using a trapunto stuffing tool, stuff each of the areas with yarn, small bits of fabric, batting, etc. Use the tip of the tool to adjust into small places. Different colours of yarn can be used to create a shadowy coloured effect.

**2.** Using small clipping scissors or a seam ripper, and from the backside, very carefully cut small slits through 1 layer of fabric. Be careful not to puncture 2nd layer of fabric.



**4.** Close openings with small slip/whip stitches.







Designs by:

